



# Exploring how creativity can transform health, care and community wellbeing

## Bradford Arts Centre

### Wed 11 & Thu 12 Feb 2026

## DAY 1

TIME	ACTIVITY	LOCATION/ROOM
10–10.30am	<b>Arrivals &amp; Networking</b>	Level 2 Foyer (arrival through main entrance on Level 0)
10.30–10.40am	<b>Welcome</b> <b>Shanaz Gulzar</b> Bradford 2025 <b>Collette Brauns</b> Bradford District & Craven Health & Care Partnership	Hall
10.40–10.50am	<b>Keynote speaker</b> <b>Tracy Brabin</b> Mayor of West Yorkshire	Hall
10.50–11.30am	<b>PANEL 1</b> <b>Creative Health Across the Bradford 2025 Programme</b> <i>What's possible when you actually do it – Creative Health in action</i> Speakers: <b>Estelle Cooper</b> Head of Creative Health (Bradford 2025) <b>Sara Robinson</b> Mental Health Engagement Lead (Bradford 2025) <b>Ian Lamb</b> Mental Health Engagement Steering Group (PWLE) <b>Ruth Agbolade</b> Artist & Creative Practitioner <b>Humera Khan</b> CEO (Happy Healthy You)  Moderated by: <b>Collette Brauns</b> Head of Living Well (Bradford District and Craven Health and Care Partnership)	Hall
11.30–11.40am	<b>Break</b>	
11.40am–12.55pm	<b>WORKSHOPS</b> <b>1. Long session</b> Bradford Museums & Galleries x Bradford Care Association <i>Making Museums Meaningful: Voices, Memories and Wellbeing in Bradford</i>  <b>2. Bitesize Sessions</b> a. Sara Robinson & Ian Lamb <i>Making Arts &amp; Culture Accessible: Learning from Work with Serious Mental Illness</i> b. Virpi Kettu <i>Animation Workshop for Creative Health</i> c. Ruth Agbolade <i>How to design and deliver meaningful community engagement sessions and sharing work-practice notes from Bradford 2025 projects</i>	Hall  Studio 3  MR1  Cafe
12.55–1.55pm	<b>Lunch</b>	

# DAY 1 continued

TIME	ACTIVITY	LOCATION/ROOM
1.55–2.05pm	<b>Reflections on morning</b> Estelle Cooper & Collette Brauns	Hall
2.05–2.45pm	<b>PANEL 2</b> <b>Working Together on Creative Health – What Ambition Requires</b> <i>Collaborating across people, places and priorities</i>  Speakers: <b>Rachel Massey</b> CHWA <b>Prof. Karina Croucher</b> Professor of Archaeology, Heritage and Wellbeing (University of Bradford) <b>Leon Fijalkowski</b> Strategic Director (Orb Community Arts and Pioneer Projects) <b>Josie Tothill</b> Artist & Creative Practitioner, People's Care Movement PWLE, People's Care Movement  Moderated by: <b>Dr Shabina Aslam</b> Artistic Director (Theatre in the Mill)	Hall
2.45–2.55pm	<b>Break</b>	
2.55–4.10pm	<b>WORKSHOPS</b> <b>1. Long session</b> Bradford Care Movement <i>Work and Care – Break the Game</i>  <b>2. Bitesize Sessions</b> a. Fran Coard, LAHWN & Collette Brauns, BDCHCP <i>Towards a West Yorkshire Creative Health System – a consortium approach</i> b. Danielle Daglan & Leon Fijalkowski <i>How One Council-Led Partnership Got Started: Field Notes from North Yorkshire</i> c. Chandni Soren <i>UnLoad</i>	Hall  MR1  Cafe  Studio 3
4.10–4.20pm	<b>Break</b>	
4.20–4.30pm	<b>Closing remarks from our hosts</b> <b>Estelle Cooper</b> Bradford 2025 <b>Collette Brauns</b> Bradford District & Craven Health & Care Partnership	Hall
4.30–5pm	<b>Networking</b> (optional)	

## Notes for the workshops:

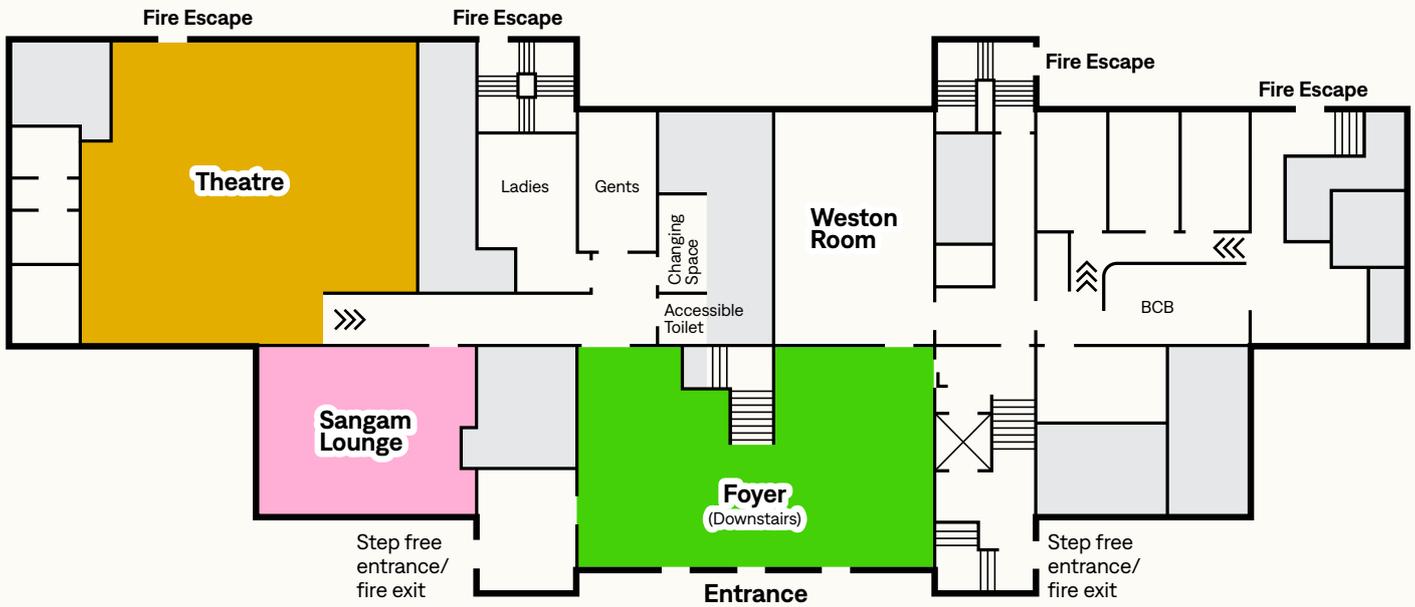
- Participants choose **either** the long workshop or the rotating short workshops
- Short workshops are repeated so participants can attend **all three**
- The long workshop offers a deeper, participatory experience without moving from one space to another
- Changeovers are built in for smooth transitions

# DAY 2

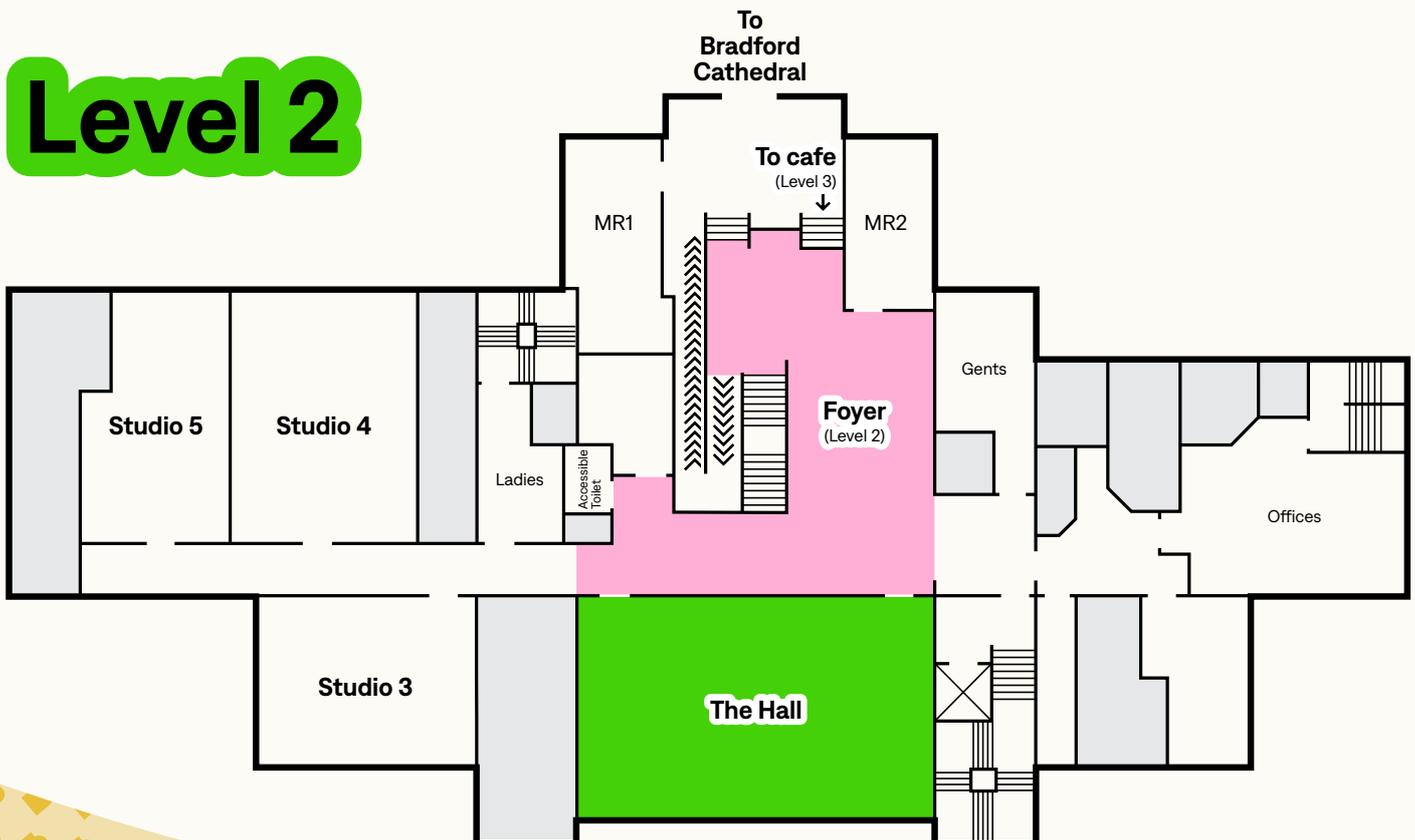
TIME	ACTIVITY	LOCATION/ROOM
10–10.20am	<b>Arrivals &amp; Networking</b>	Level 2 Foyer
10.20–10.30am	<b>Welcome</b> <b>Shanaz Gulzar</b> Bradford 2025	Hall
10.30–11.05am	<b>Keynote speaker</b> <b>Prof. Daisy Fancourt</b> (pre-recorded)	Hall
11.10–11.50am	<b>PANEL</b> <b>Why Early Creative Health Matters, from pregnancy to adolescence</b> <i>A response to the keynote</i> <i>(with examples of projects from the Bradford 2025 programme)</i>  Speakers: <b>Diane Saxon</b> Maternal Journal Wakefield (The Art House) <b>Kayle McCoy</b> United Art Project <b>Ameerah Turner-Desai</b> and <b>Amy Lock</b> The Linking Network Project CREATE facilitator Project CREATE Participant (young person, PWLE)  Moderated by: <b>Richard Dunbar</b> Rainbow Dad Up North/Culture 'n' That	Hall
11.50–12pm	<b>Break</b>	
12–1.15pm	<b>WORKSHOPS</b> <b>1. Long session</b> Project CREATE <i>Inside the Living Lab: Creative Collaborative Approaches to Youth Mental Health Research</i>  <b>2. Bitesize Sessions</b> a. Diane Saxon, Maternal Journal <i>Creative Health Activities to Support Pregnant &amp; new Mums</i> b. Ameerah Turner-Desai and Amy Lock, The Linking Network <i>The Power of Intergenerational Play</i> c. Oliver Timms, Public Health (Bradford Council) <i>Creativity, Engagement and Access in the Early Years</i>	Hall  MR1 Studio 3 Cafe
1.15–1.25pm	<b>Break</b>	
1.25–1.35pm	<b>Reflections &amp; Close</b> <b>Estelle Cooper</b> Bradford 2025 <b>Michaela Lesayova</b> Bradford 2025	Hall
1.35pm	Optional lunch and networking	Darley Street Market, Bradford

# Venue floor plan

## Level 0



## Level 2



# Venue floor plan

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## Level 3

